

### STANDARD OPERATING PROCEDURE DOCUMENT (SOP)

Title		Management of Drug Misuse including Methadone			CL008			
Scope		Clinical Directorate						
Purpose		To ensure clear guidance when managing patients in an out-of-hours setting, requesting drugs of misuse. This includes but is not restricted to:  • Methadone  • Buprenorphine  • Benzodiazepines  • Codeine  • Gabapentinoids  • Dihydrocodeine						
Guid	elines	Primary Care 24 is <b>not</b> commissioned to provide drug misuse treatment and strongly advises clinicians not to provide emergency prescriptions for medications used in the management of drug misuse.						
PRO	CEDURE			RESPONS	SIBILITY			
1	Treatment for Drug Misusers  Treatment of drug misusers is a specialist service rather than falling within the responsibility of general practitioners.  Primary Care 24 is <b>not</b> commissioned to provide a prescription service for treating drug misusers. Responsibility for providing prescriptions for methadone, buprenorphine etc. lies with the doctor commissioned to prescribe. Primary Care 24 strongly advises <b>not</b> to provide emergency prescriptions in such cases.  Clinicians hold a specialist qualification in this area and who are trained and experienced in the management of drug misuse may consider that it is appropriate to provide a prescription when corroboration of the drug, the strength and the dose is available, e.g. from the patient's regular dispensing pharmacist. It is not appropriate for others to do this and it remains entirely the responsibility of the prescribing clinician.							
	Specifically, appointments should not be made at any Urgent Care Centres for such patients as the requirement to refuse a prescription can put the Urgent Care Centre clinician and receptionist at risk.  If patients require further help and assistance, it is advised that the clinician informs the patient of the 24 hour addiction helpline. The free phone number is <b>0800 028 1300</b> .							



# Opiate withdrawal is rarely life threatening but opiate toxicity frequently is.

If the patient wishes to continue to use illicit substances give advice, information and leaflets on overdose risk and harm reduction.

Benzodiazepines should **not** be prescribed for management of drug or alcohol withdrawal. As a service we do not prescribe Librium (chlordiazepoxide) or any other drug for this purpose.

If the patient is in a state of drug / alcohol withdrawal then they should be referred to the medical team.

#### **Prescribing Potential Drugs of Abuse**

## All potential drugs of abuse should be prescribed with great care and caution.

There may be specific clinical circumstances when a clinician may choose to prescribe potential drugs of abuse and these include:

1. Palliative care

- 2. Acute back pain with muscle spasm
- 3. Stress / anxiety disorder

Outside of these indications they should not be prescribed.

When prescribing potential drugs of abuse:

- Only prescribe when there is access to the Summary care Record (SCR).
- Ensure the "previous encounters" on Adastra have been checked.
- Prescribe the smallest reasonable quantity possible this will normally be 2 days or until the patients GP practice is next open.
- Only prescribe for a clear licensed indication and where the need for the medicine is urgent and not prescribing may cause harm to the patient.
- Consider the status of the drug locally (Pan Mersey Formulary)
- Be aware that drug misusers may be very manipulative in their presentation and a request for drugs of potential abuse may be cloaked behind a seemingly unrelated problem. A rule of thumb should be; if the clinician volunteers the prescription for the clinical problem, the prescription is likely to be appropriate; if the patient suggests the prescription, there may be drug seeking behaviour.

2

	Frequent Callers		
3	A frequent caller is one that is identified by NHS 111 as calling more than 3 times in 4 days.		
	• Operational managers highlight frequent callers to clinicians.		
	The clinician raises DATIX regarding this so the patients GP is notified and an SPN can be placed onto the patients record		
	GP places SPN on patients record.		
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#### STANDARD OPERATING PROCEDURE DOCUMENT (SOP)

Title		Manage	gement of Drug Misuse including Methadone			Doc. No.	CL008	
Version			v9					
Supersedes					All previous versions			
Approving Managers/Committee				!	Operational Directorate			
Date Ratified					6 <sup>th</sup> May 2010 (original)			
Department of Originator					Service Manager			
Responsible Executive Director					Medical Director			
Responsible Manager/Support					Clinical Governance Manager / Medical Lead IUC / Service			
					Manager			
Date Issued					May 2010 (original)			
Next Review Date					January 2022 (or when there is a change in procedure)			
Target Audience					Clinical Directorate			
Version	Date		Contro	ol Rea	ason		Accountable Person for this Version	
v1 – V6	2010 2015	_	Review	<i>i</i> and	d update Various			
v7	June	2017	Review and update and change of responsible director			Medical Lead		
v8	Augus 2019	st	Review and update and change of company name			Medical Lead IUC		
v9 January 2020 Reviewed a			nd updated accordingly		Head of Medicines Management			
Reference documents					Electronic Locations	Locatio	ons for Hard Copies	
cha				cha	riew and update and nge of responsible director e 24 Intranet	Standard Procedure Centre	lard Operating dures File in the Call e	

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